



To love and be loved

The journey to lifelong habits
of love begins here

- **Know** yourself and your spouse in a deeper manner and discover how it is impacting your marriage.
- **Acquire** proven communication skills and be heard, understood, appreciated and loved!
- **Learn** to talk about difficult issues in a safe, loving manner & turn conflicts into opportunities for growth.
- **Practice** steps for meaningful and sincere apology and reconciliation – this builds greater intimacy!
- **Centre** your marriage in God with various tools and work towards do-able goals that will enrich your marriage.

Our participants said...

- 👂 “The workshop has been informative and the tools and strategies taught are execute-able. I am now able to set new norms with my spouse through the concept of affirming, expressing and sharing. I definitely recommend this.”
- 👂 “What I like about the workshop is the time given to us to reflect, answer the questions and apply what has been taught, the eye-opening concepts and clear and insightful delivery. Doing the exercises and applying the techniques helps me to appreciate our differences and bring us closer to each other and to God.”
- 👂 “I am now more aware of steps to resolve conflict and how to consider changing myself before attempting to change my spouse. I am challenged to ensure my marriage is God-centred.”
- 👂 “I can handle situations better during heated quarrels, learn to affirm and appreciate each other. It enriches our marriage and it gives insight to many issues we overlook.”
- 👂 “Young couple should attend this and not have to go through what we have gone through. The earlier the couple knows the concept of a good marriage would help them through all the troubles that can besiege a marriage.”

Course Details

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| Date | 18 & 25 February (Saturdays) |
| Venue | <i>[venue to be confirmed]</i> |
| Time | 1.30 pm to 6.30 pm |
| Fee | \$250* |
| Max no. | 10 couples |
| Included | "To loved and be loved" workbook and tea breaks |

If you are wondering why there is an *asterisk on the fee, here's the reason 😊



Paying the full fee: You are not only enriching yourself in this course, but also providing support to others so they can be enriched in God too!

Paying partial: You are contributing too! Please speak with us and we will be most happy to work out something that will enable you to join us and be enriched in a God-centred marriage.

Click here to register today!

About Us

Living Wholeness Singapore (LWSG) was birthed from a vision from God to serve the servants of God and those who are hurting, and to bring wholeness to individuals, families and communities. It is our belief that healthy individuals will lead to healthy families, and healthy families will lead to healthy communities that will bring love, healing and transformation to the nations.

We are "tent-makers" where we use our professional skills to support ourselves and our ministry in God's kingdom work. We do this by providing professional and excellent services at a reasonable fee, and at the same time, we avail our services to God's servants and others who need it but are unable to afford it. Your full support will go a long way in blessing those who need help.

More information at: www.livingwholeness.com.sg | www.facebook.com/lwsingapore

Trainers Profile

Ms KK Tan-Lee is a Christian counsellor, trainer and senior social worker with more than 20 years of professional people helping experience in Singapore and other parts of Asia. She has personally benefited from the use of the Christian Wholeness Framework (CWF) and is currently a CWF practitioner, trainer and curriculum developer.

She is also trained in Choice Theory/Reality Therapy, Satir Counseling, Sandplay Therapy, Trauma counselling and Gottman Method Couples Therapy as well as being a trained Gottman Seven Principles Educator, DISC Accredited Behavioral Analyst and certified SYMBIS Facilitator. Today, she has creatively incorporated different counselling therapies into CWF in her work.

KK has served as a missionary in a counselling centre and has ministered to different groups of people, including expatriates, Christians, pastors and missionaries. Through the partnership with the Holy Spirit, she has journeyed with them in their struggles in personal, marriage, spiritual, mental health and work-related issues, and is a privileged witness to many of God's healing and transformation.

KK is fluent in English and Chinese and is able counsel and train effectively in both languages. She is passionate about facilitating personal growth in Christians and caring for servants of God and the broken-hearted.

Mr Jason Lee has served as a missionary and pastoral staff for 10 over years, and he is a trained member care provider. His pastoral and cross-cultural experiences have led him to be involved in journeying and ministering to those who have been hurt in the field and in church.

He is a keen listener and is able to empathise with many facets of ministry work as he has been involved in them in varying degrees. These include church leadership, education, serving the needy, teaching-preaching, The Boys' Brigade and in children, youth and the elderly poor ministries.

He is passionate about caring for servants of God, and empowering Christian individuals and organisations to fulfil their God-given potential through consultation, mentoring, coaching and counselling using CWF.

Jason is also trained in Gottman Method Couples Therapy, Gottman Seven Principles Educator and certified SYMBIS Facilitator. Together with his wife, KK, they have counselled and journeyed with couples in Singapore and other parts of Asia, and conducted wholistic God-centred marriage enrichment courses in churches.